

THORNHILL FIGURE SKATING CLUB

CODE OF CONDUCT

2023/2024 SEASON

Thornhill Figure Skating Club has developed the following Code of Conduct to ensure that all skaters participating on our sessions experience a respectful, safe, enjoyable, and positive learning environment. We ask that parents/guardians review the rules with their skater. Any skater, parent, or guardian found to be in violation of the Code of Conduct may be asked to leave the ice and/or building at the discretion of the coaches, office staff, and/or board members. Repeated violations may result in further disciplinary action, up to and including termination of you/your skater's TFSC membership. Refunds or credits will not be given for termination of a skater's TFSC membership.

Skaters enrolled in our Talent ID and above programs are considered part of our Sr. Division.

- As a Skate Canada sanctioned club, all skaters, parents, coaches, volunteers, office staff, and board members are responsible for familiarizing themselves and following Skate Canada's Code of Ethics. The most up to date copy can be found [HERE](#).
- Only Skate Canada certified coaches are to be teaching skaters. Parents are prohibited from coaching rink-side or the bleachers.
- All Ticket Ice users (coaches and skaters) must be a member in good standing with Skate Canada. Any TFSC coach, volunteer, office staff, and/or board member is permitted to request proof of registration with Skate Canada.
- TFSC will not tolerate any form of harassment, bullying, intimidation, or generally disrespectful behaviour towards skaters, coaches, volunteers, office staff, and/or board members.
- For our Sr. Division and Ticket Ice skaters, they are expected to observe "Right of Way" guidelines.

Priority is as follows:

1. Skater who's music is being played
 2. Skater in a harness lesson
 3. Skater in a lesson
 4. Skater working on their own
- Courtesy and good sportsmanship to coaches and fellow skaters is expected at all times. If you get in another skater's way, please be polite and apologize. The skater who has the right of way may respectfully remind others of their presence, i.e. "excuse me" or "coming through".

- Skaters are expected to dress appropriately for their sessions, as follows:

For our Sr. Division skaters:

1. Lace-up figure skates
2. Skating pants/leggings OR Skating skirt/dress with tights
3. Fitted t-shirt or long sleeve shirt
4. Fitted zip-up sweater (no hoodies)
5. Long hair should be tied back and out of the skater's face
6. No baggy or bulky clothing so coaches can see the skater's body positions
7. No bare midriiffs.

For our Pre-CanSkate & CanSkate skaters:

1. Hockey or figure skates. Lace-up skates are recommended.
2. A CSA approved hockey helmet for skaters working on up to and including Stage 5. Bike, ski, or multi-purpose helmets are not permitted. A helmet is optional for skaters in Stage 6, but it is highly recommended.
3. Long pants/snow pants. Bare legs are not permitted.
4. Warm jacket/long sleeves. Bare arms are not permitted.
5. Gloves/mittens; hockey gloves are allowed.

- Skaters are allowed a maximum of 2 run-throughs of their solo per session to make ice and music usage fair.
- Absolutely no kicking of the boards or the ice. Swearing or excessive yelling will not be tolerated.
- Rink-side doors should remain closed whilst sessions are running. Skaters need to ask their coach to leave the ice if they need to come off the ice during their session for any reason. Skaters should not be coming off and on the ice repeatedly as this is a waste of valuable ice time and is distracting to other skaters/coaches.
- Parents and other skaters should be respectful of a coach and skater's time and not interrupt a coach while a lesson is in progress.
- Look in the direction of travel when skating backwards.
- Spins should be performed at the center of the ice surface, jumps at the ends and in the corners.
- When standing at the boards or getting on the ice, before joining the flow of skaters, check to ensure you will not be cutting off another skater or coach.
- Refrain from standing around and socializing on the ice. This is a waste of valuable ice time and presents a hazard for skaters who are practicing.
- Do not sit or lie down on the ice. If you fall, get up immediately.

- If a skater is injured, seek the assistance of a coach immediately. Do not try to move them.
- All beverages must be in a closed container. Skaters will not eat food or chew gum while on the ice surface.
- Wearing of headsets on the ice is prohibited at all times.
- Be respectful to arena staff and property at all times.
- The use/possession of drugs, cigarettes, or alcohol will not be tolerated.
- When your session is over, gather your belongings and clear the ice immediately.
- Skaters should use the dressing room designated at all times for putting and taking off skates or for storage of items during sessions.
- Coaches are not permitted to teach in the middle of the ice if the session is very busy.
- For safety reasons, during Ticket Ice, CanSkate, Talent ID or STAR 1 skaters must be taught by the boards and must be in a lesson the entire time they are on the ice.

The goal is to create a positive and hardworking training environment for all athletes. Respect to all coaches, skaters, volunteers, office staff, and board members is demanded.